



MINI-RETREAT
PART II
*Community
Building*

SEPTEMBER 14, 2021

Today's Objectives



This session will accomplish the following:

1

Enhance your
understanding of
the empathy issues
present within
Leadership

2

Train you on two
critical community-
building skills:
**Feeling and
Listening**



The Why & What of Community



Community



Belonging





Foundations of a Strong Community



Empathy is an Individual Sport

Survey Highlights



“I have absolutely
had my perspectives
brushed aside”

Survey Highlights



“Bullying without
being aware of it”

Survey Highlights



Feeling Leadership
does not “listen to
each other and
respect each other”

Survey Highlights



Interrupted when
speaking

Survey Highlights



Interrupted when
speaking

Survey Highlights



Discussing sensitive issues, such as race, gender, etc. aren't taken seriously

Survey Highlights



Being told, rather
than asked

Survey Highlights



People making statements without considering how those statements might be received by the other party

Survey Highlights



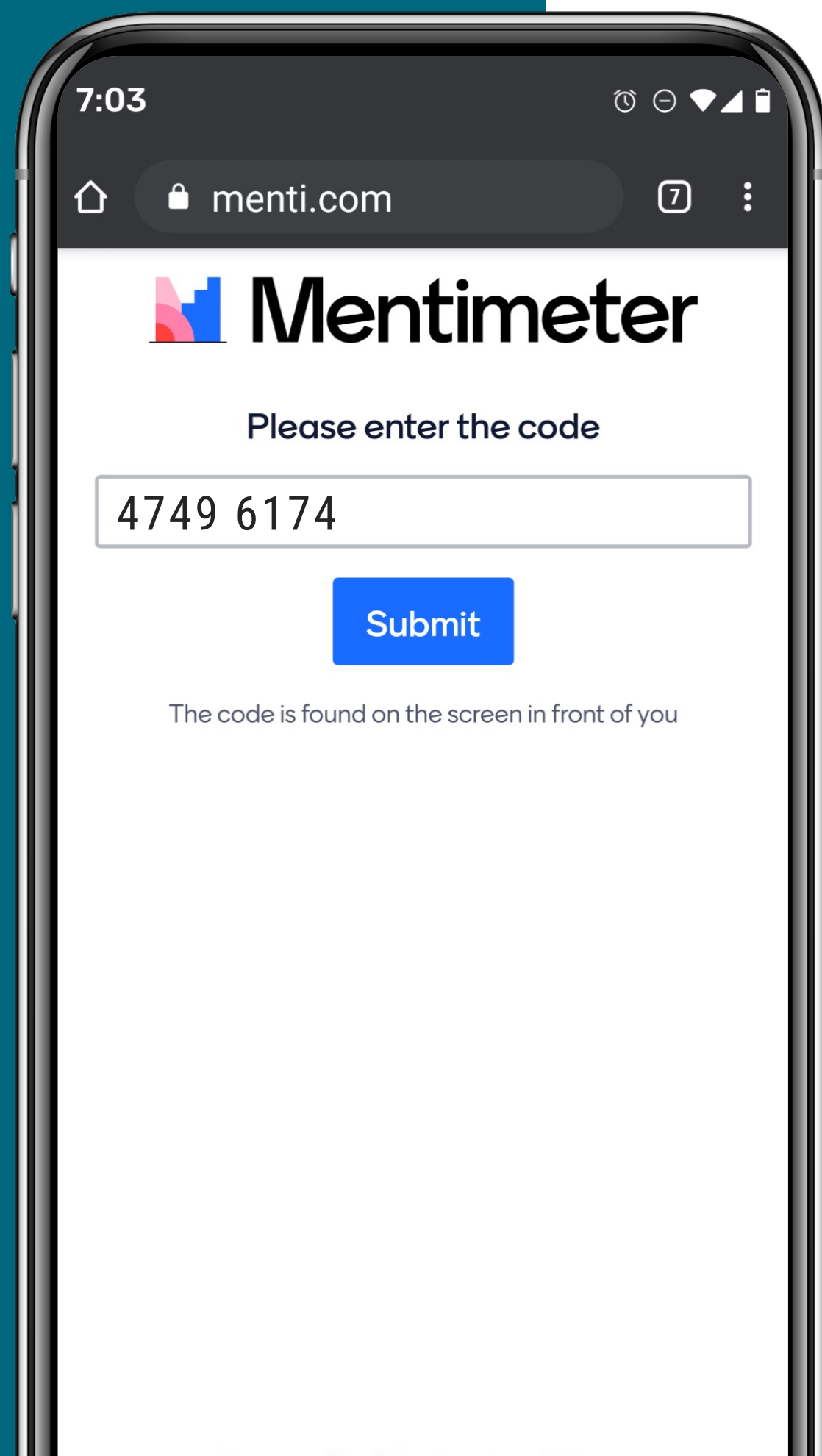
Feeling excluded and
not appreciated

Survey Highlights



I feel that other board
members and staff
respect my opinions

Score: 3.9/5



STEP 1

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STEP 2

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What 3 words summarize how you feel when you see and hear this information?





– NEIGHBOR DISCUSSION –

- ☐ What is your reaction to this information? (i.e., thoughts, feelings, insights, and questions)
- ☐ In the last week, what is one example of a time when you displayed empathy?
- ☐ In the last week, what is one example of a time when you failed to display empathy?

Reasons High Achievers struggle with empathy:



- Results
- Don't understand
- Feelings not as quantitative
- Competition
- Lack of good listening skills



BREAK



— 10 MINS —

ENERGIZER





“I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel.”

— Dr. Maya Angelou



– SMALL GROUP DISCUSSION –

Empathy Fails and Scope Creep

How would you like someone to address empathy failures and scope creep issues with you?



Community Building Lightning Training





